

ANNALISA THEODOROU, PhD

Tenure-Track Assistant Professor (RTD-B) in Social Psychology
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Annalisa Theodorou is a Tenure-Track Assistant Professor (RTD-B) in Social Psychology and the coordinator of internship activities for the same academic field at the Department of Systems Medicine, University of Rome Tor Vergata. Her research interests span Social, Personality, and Environmental Psychology. These include motivated cognition involved in interpersonal phenomena such as prejudice, interpersonal perception, and group dynamics, as well as the psychological correlates of exposure to natural and virtual environments.

PUBLICATIONS (LAST 5 YEARS)

PUBLICATIONS IN PEER-REVIEWED JOURNALS (LAST 5 YEARS)

Kafetsios, K., Hess, U., Alonso-Arbiol, I., Schütz, A., Gruda, D., Campbell, K., ... **Theodorou, A.** & Uskul, A. (2025). Higher social class is associated with higher contextualized emotion recognition accuracy across cultures. *PLOS ONE*. <https://doi.org/10.1371/journal.pone.0323552>

Stancu, A., Ariccio, S., De Dominicis, S., Ganucci Cancellieri, U., Petruccielli, I., **Theodorou, A. (shared second authorship and shared corresponding author)**, Ilin, C., Bonaiuto, M. (2025). Place Attachment Styles Predict Adaptive and Maladaptive Conducts under Flood Risk: Evidence via Cognitive and Affective Coping Mediation. *Journal of Community & Applied Social Psychology*, 35(3). <http://doi.org/10.1002/casp.70083>

Kosic, A., **Theodorou, A.**, & Leone, L. (2025). Do Binding Moral Foundations Predict a Hypothetical Moral Behavior? The Moderating Role of the Perception of the In-Group Moral Standards. *Behavioral Sciences*, 15(3), 265. <https://doi.org/10.3390/bs15030265>

Kafetsios, K., Hess, U., Dostal, D., Seitl, M., Hypsova, P., Hareli, S., ... **Theodorou, A.** & Uskul, A. K. (2025). A contextualized emotion perception assessment relates to personal and social well-being. *Journal of Research in Personality*, 114, 104556. <https://doi.org/10.1016/j.jrp.2024.104556>

Romano, L., Clemente, D., **Theodorou, A.**, Russo, C., Barbato, S., & Panno, A. (2024). 3D-built VR arctic environment with mindfulness track enhances awe through restorativeness. *Journal of Environmental Psychology*, 98, 102379. <https://doi.org/10.1016/j.jenvp.2024.102379>

Ariccio, S. & **Theodorou, A.** (2024). Stay at Home Behavior during COVID-19: The Role of Person-Home Relationships. *Journal of Environmental Psychology*. <https://doi.org/10.1016/j.jenvp.2024.102334>

Clemente, D., **Theodorou, A.**, Romano, L., Russo, C., Rodelli, R., Casagrande, G., & Panno, A. (2024). The Effect of Exposure to VR vs. 2D Virtual Environments on Restorativeness: The Mediating Role of the Sense of Presence. *International Journal of Human-Computer Interaction*. <https://doi.org/10.1080/10447318.2024.2352218>

Russo, C., Romano, L., Spano, G., **Theodorou, A.**, Carrus, G., Mastandrea, S., ... & Panno, A. (2024). Personal dispositions explain differences in physical health benefits of nature exposure: The role of restorativeness and affect. *Frontiers in Psychology*, 15, 1365512. <https://doi.org/10.3389/fpsyg.2024.1365512>

Pugliese, E., Bonaiuto, M., Livi, S., **Theodorou, A. (shared corresponding author)**, & van Knippenberg, D. (2024). Team identification more than organizational identification predicts counterproductive work behavior and organizational citizenship behavior and mediates influences of communication climate and perceived external prestige. *Journal of Applied Social Psychology*, 54(2), 116-125. <https://doi.org/10.1111/jasp.13017>

Spano, G., Ricciardi, E., **Theodorou, A.**, Giannico, V., Caffò, A. O., Bosco, A., Sanesi, G., & Panno, A. (2023). Objective Greenness, Connectedness to Nature and Sunlight Levels towards Perceived Restorativeness in Urban Nature. *Scientific Reports*, 13(1), 18192. <https://doi.org/10.1038/s41598-023-45604-3>

Parisse, C., **Theodorou, A.**, Baldner, C., Marini, M., Prislei, L., Alparone, F. R., & Livi, S. (2023). Need for cognitive closure and prosocial behavior in high school students: The role of perspective taking and empathic concern. *Personality and Individual Differences*, 215, 112396. <https://doi.org/10.1016/j.paid.2023.112396>

Spano, G., **Theodorou, A. (shared first authorship)**, Carrus, G., Sanesi, G., & Panno, A. (2023). Virtual Nature and Psychological Outcomes: A Systematic Review. *Journal of Environmental Psychology*. 89, <https://doi.org/10.1016/j.jenvp.2023.102044>

Imperatori, C., Massullo, C., De Rossi, E., Carbone, G.A., **Theodorou, A.**, Scopelliti, M., Romano, L., Del Gatto, C., Allegrini, G., Carrus, G., & Panno, A. (2023). Exposure to nature is associated with decreased functional connectivity within the distress network: A resting-state EEG study. *Frontiers in Psychology*, 14, 1530. <https://doi.org/10.3389/fpsyg.2023.1171215>

Theodorou, A., Spano, G., Bratman, G. N., Monneron, K., Sanesi, G., Carrus, G., Imperatori, C. & Panno, A. (2023). Emotion regulation and virtual nature: Cognitive reappraisal as an individual-level moderator for impacts on subjective vitality. *Scientific Reports*. <https://doi.org/10.1038/s41598-023-30287-7>

Theodorou, A., Romano, L., Bratman, G. N., Carbone, G. A., Rodelli, R., Casagrande, G., & Panno, A. (2023). Different types of virtual natural environments enhance subjective vitality through restorativeness. *Journal of Environmental Psychology*, 87. <https://doi.org/10.1016/j.jenvp.2023.101981>

Galizia, R., **Theodorou, A.**, Simonelli, C., Lai, C., Nimbi, F.M. (2023). Sexual satisfaction mediates the effects of the quality of dyadic sexual communication on the degree of perceived sexual desire discrepancy. *Healthcare*, 11(5), 648. <https://doi.org/10.3390/healthcare11050648>

Theodorou, A., Livi, S., Kruglanski, A. W., & Pierro, A. (2023). Motivated team innovation: Impact of need for closure and epistemic authority. *Group Processes & Intergroup Relations*. 26(2), 284-303. <https://doi.org/10.1177/13684302211038055>

Panno, A., **Theodorou, A. (shared corresponding author)**, Massullo, C., Bratman, G. N., Imperatori, C., Carbone, G. A., & Gross, J. (2023). The psychological impact of the COVID-19 lockdown in Italy: The moderating role of gender and emotion regulation. *Health Care for Women International*, 44(7-8), 885-902. <http://doi.org/10.1080/07399332.2022.2083622>

Theodorou, A., Panno, A., Agrimi, M., Masini, E., & Carrus, G., (2022). Can we barter local taxes for maintaining our green? A psychological perspective. *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.816217>

Theodorou, A., & Livi, S. (2022). My partner looks, swims, and quacks like a duck: The need for cognitive closure in the interpersonal perception of romantic engagement in close relationships. *International Journal of Psychology*. 57(2), 289-294. <https://doi.org/10.1002/ijop.12812>

Theodorou, A., & Kosic, A. (2021). Need for closure, morality, and prejudice: The relationship between the need for closure, stereotyped in-group and out-group morality, and prejudice toward the out-group. *Social Psychology*. 52(6), 343–350. <https://doi.org/10.1027/1864-9335/a000462>

Panno, A., **Theodorou, A. (shared first authorship)**, Carbone, G., De Longis, E., Cepale, G., Massullo, C., Carrus, G., & Imperatori, C. (2021). Go greener, less risk: Access to nature is associated with lower risk taking in different domains during the COVID-19 lockdown. *Sustainability*, 13(19). <https://doi.org/10.3390/su131910807>

Theodorou, A., Panno, A., Carrus, G., Carbone, G. A., Massullo, C., & Imperatori, C. (2021). Stay home, stay safe, stay green: The role of gardening activities on mental health during the Covid-19 home confinement. *Urban Forestry & Urban Greening*, 61. <https://doi.org/10.1016/j.ufug.2021.127091>

Theodorou, A., Livi, S., Alessandri, G., Pierro, A., & Caprara, G. V. (2021). I don't feel positive, but you are: Every issue can be settled! The role of self and others' positivity in the perception of intragroup conflict at work. *Current Psychology*. 40(11), 5370-5378. <https://doi.org/10.1007/s12144-019-00502-8>

Theodorou, A., Livi, S., & Alessandri, G. (2020). The role of individuals' and their partners' positivity in the satisfaction with the relationship: An Actor-Partner Interdependence Mediation Model. *TPM: Testing, Psychometrics, Methodology in Applied Psychology*, 27(3), 331-359. <https://doi.org/10.4473/TPM27.3.3>

Panno, A., **Theodorou, A. (shared first authorship)**, Carrus, G., Imperatori, C., Spano, G., & Sanesi, G. (2020). Nature reappraisers, benefits for the environment: A model linking cognitive reappraisal, the "being away" dimension of restorativeness and eco-friendly behavior. *Frontiers in Psychology*, 11. <https://doi.org/10.3389/fpsyg.2020.01986>

Livi., S., De Cristofaro, V., **Theodorou, A.**, Rullo, M., Piccoli, V., & Pozzi, M. (2020). When motivation is not enough: Effects of prosociality and socialization in volunteers' intention to continue to serve. *Journal of Community & Applied Social Psychology*. 30(3), 249-261. <https://doi.org/10.1002/casp.2446>

Alessandri, G., Borgogni, L., Latham, G. P., Cepale, G., **Theodorou, A.**, & De Longis, E. (2020). Self-set goals improve academic performance through nonlinear effects on daily study performance. *Learning and Individual Differences*, 77. <https://doi.org/10.1016/j.lindif.2019.101784>

OTHER PUBLICATIONS

Bonaiuto, M & **Theodorou, A.** (2025). Environmental Psychology: Future Directions. In Ann Sloan Devlin (Ed.), *Environmental psychology and human well-being: Effects of built and natural settings (2nd edition)*. Academic Press.

Kosic, A., **Theodorou, A.**, Costache, A. L. (2020). Il rammarico e la nostalgia degli immigrati romeni: Un'indagine condotta a Roma e Terracina [The regret and nostalgia of Romanian immigrants: A survey conducted in Rome and Terracina.]. In *Osservatorio Romano sulle Migrazioni XV Rapporto* (52-57). Roma: IDOS.

Livi, S., & **Theodorou, A.** (2019). I gruppi nelle organizzazioni [Groups in organizations]. In Guido Alessandri e Laura Borgogni (Eds.), *Psicologia per le risorse umane. Temi introduttivi* [Handbook of Human Resources] (pp. 149-174). Milano: Franco Angeli.

Livi, S., & **Theodorou, A.** (2018). I gruppi nelle organizzazioni [Groups in organizations]. In Guido Alessandri e Laura Borgogni (Eds.), *Psicologia del lavoro: dalla teoria alla pratica. Volume II. La ricerca e l'intervento nelle organizzazioni* [Handbook of Work Psychology] (pp. 87-112). Milano: FrancoAngeli.

INTERNATIONAL AND NATIONAL CONFERENCE PRESENTATIONS (LAST 5 YEARS)

Theodorou, A., Milani, A., Dessi, F., Xie, M., & Bonaiuto, M. (2025, June). *Meta-analytic results on the antecedents of risk perceptions of different types of natural hazards*. Talk at the International Conference of Environmental Psychology (ICEP 2025), Vilnius, Lithuania.

Theodorou, A., Milani, A., Dessi, F., Xie, M., & Bonaiuto, M. (2024, October). *Which factors should be addressed for population involvement in natural hazard management: A meta-analysis of the psychological and social determinants of risk perception*. Summary of the presentation at the Conference "Human and Social Sciences for the Civil Protection system," Auditorium "Elio Di Cicco," Department of Civil Protection, Via Vitorchiano 2, Rome, September 23-24 and October 21-22, 2024. Abstract published in S. Bernacchi, A. Corina, D. Di Bucci, E. Panunzi, A. Trincia, S. Vallari, C. Franciosi, F. Fraschini, M. Giambelli, A. Gioia, M. Morando (eds.), Conference "Human and social sciences for the civil protection system." Volume of abstracts. Rome: Presidency of the Council of Ministers, Department of Civil Protection and Cima Research Foundation (p. 61).

Theodorou, A., Milani, A., Dessi, F. & Xie, M. (2024, September). The Social-Psychological Determinants of Risk Perception: Results from a Meta-Analysis in the Context of Natural Hazards. In Mauro Bertolotti (Chair), *Theoretical and Applied Research on the Context-Dependent Drivers of Sustainable Behaviour*. Symposium conducted during the XVIII Italian National Congress of Social Psychology (Italian Association of Psychology), Torino, Italia.

Theodorou, A., Milani, A., Dessi, F., Xie, M., & Bonaiuto, M. (2024, July). *The Social-Psychological Antecedents of Risk Perception of Natural Hazards: A Meta-Analytic Approach*. Abstract of presentation at 33rd International Congress of Psychology, Prague, 21-26 July 2024. Abstract pubbl. in A.H. Gewirtz, M. Obschonka, L. Zhu (Eds.), *International Journal of Psychology*, 59, SUPPLEMENT 1, 33rd International Congress of Psychology 21-26 July 2024 Prague, Czech Republic, IUPsyS, ISSN 0020-7594 (p. 289).

Theodorou, A., Dessi, F., Milani, A., Xie, M., & Bonaiuto, M. (2024, July). *The Antecedents of Risk Perception of Natural Hazards: A Meta-Analysis*. Abstract of presentation at IAPS28 International Conference People-Environment Studies "Enacting Transdisciplinar Knowledge: People, Places, Movements and Sustainabilities", Barcelona, 2-5 July 2024. Abstract pubbl. in Castrechini, A. & Pol. E. (Eds.). *Enacting Transdisciplinar Knowledge: People, Places, Movements and Sustainabilities* Book of Abstracts of the 28th IAPS Conference. Barcelona, 2 - 5 July. Barcelona: ric. (p. 188).

Theodorou, A., Milani, A., Dessi, F., Xie, M., & Bonaiuto, M. (2024, February). *A meta-analysis on the antecedents of risk perception of various natural hazards*. Poster at the RETURN Dissemination Workshop, Turin, Italia. <http://doi.org/10.5281/zenodo.10598007>

Theodorou, A. & Panno, A. (2022, September). A preliminary study on the effect of VR nature exposure on subjective vitality: Exploring the role of restorativeness. In **Annalisa Theodorou (Chair)**, *Nature beyond frontiers: A multisectorial glance at environmental psychology research*. Symposium conducted during the XXX Italian National Congress of Psychology - All sections (Italian Association of Psychology), Padua, Italy.

Theodorou, A., Panno, A. (2022, September). *Virtual nature is good for you: Results from a literature review*. Mini talk at the XXX Italian National Congress of Psychology - All sections (Italian Association of Psychology), Padua, Italy.

Theodorou, A., Livi, S. (2022, September). *Blinded by love or motivation? The need for closure in the perception of partners' romantic passion*. Talk at the XXX Italian National Congress of Psychology - All sections (Italian Association of Psychology), Padua, Italy.

Theodorou, A., Panno, A., Spano, G., Imperatori, C., Sanesi, G., & Carrus, G. (2021, October). *Emotional receptivity to the benefits of nature: The association of cognitive reappraisal with increased pro-environmental behavior through the enhanced experience of being away*. Poster at the International Conference of Environmental Psychology (ICEP 2021), Siracusa, Italy.

Theodorou, A., Panno, A., Carbone, G. A., Massullo, C., Imperatori, C., & Carrus, G. (2021, October). *Thumbs up for green thumbs: The association of gardening activities with mental health during the Covid-19 home confinement*. Talk at the International Conference of Environmental Psychology (ICEP 2021), Siracusa, Italy.

Theodorou, A., Panno, A., Carbone, G. A., Massullo, C., & Imperatori, C., Carrus, G. (2021, September). *The role of gardening in sustaining mental health during the first lockdown in Italy*. Talk at the XVII Italian National Congress of Social Psychology (Italian Association of Psychology), Brescia, Italy.

Theodorou, A. (2021, March). *The Actor-Partner Interdependence Mediation Model using multilevel modeling*. Talk at the Multilevel Modeling: Different Research Fields and Research Designs, 2021 Seminar Cycle of Formazione Metodologica (FORME), Department of Psychology, Università Cattolica del Sacro Cuore Milano (online event).

Theodorou, A. (2020, September). *Need for closure and perceptions of ingroup and outgroup morality in the prejudice toward immigrants*. Talk at the Thematic Workshop: Migration Studies and Inclusive Policies from Social, Developmental and Educational Perspective, Rome, Italy.

RESEARCH EXPERIENCES

8 Apr 2024 – present	Tenure-Track Assistant Professor (RTD-B) at the Dep. of Systems Medicine, University of Rome Tor Vergata.
5 Apr 2023 – 7 Apr 2024	Assistant Professor A (RTD-A) at the Dep. of Social and Developmental Psychology, Sapienza University of Rome. Project: “Multi-Risk sciEnce for resilienT commUnities undeR a changiNg climate (PNRR RETURN)”. Supervisor: Prof. Marino Bonaiuto. <u>Activities</u> : Study of the psychosocial antecedents of risk perception in natural hazards.
1 Mar 2023 – 31 Mar 2023	Postdoctoral researcher at the Dep. of Education, Roma Tre University. Project: “Establishing Urban FORest based solutions In Changing Cities (EUFORICC) PRIN 2017”.
1 Mar 2022 – 28 Feb 2023	Postdoctoral researcher at the Dept. of Education, Roma Tre University. Project: “Establishing Urban FORest based solutions In Changing Cities (EUFORICC) PRIN 2017”.
1 Mar 2021 – 28 Feb 2022	Postdoctoral researcher at the Dep. of Education, Roma Tre University. Project: “Establishing Urban FORest based solutions In Changing Cities (EUFORICC) PRIN 2017”.
1 Mar 2020 – 28 Feb 2021	Postdoctoral researcher at the Dep. of Education, Roma Tre University. Project: “Establishing Urban FORest based solutions In Changing Cities (EUFORICC) PRIN 2017”. Supervisors: Prof. Angelo Panno and Giuseppe Carrus. <u>Activities</u> : Experimental studies and statistical modeling on the benefits of nature fruition both onsite and via virtual reality.
1 Aug 2019 – 29 Feb 2020	Postdoctoral researcher at the Dep. of Social and Developmental Psychology, Sapienza University of Rome. Project: “Prejudice towards first- and second-generation immigrants in relation to psychosocial factors (moral foundations, need for closure, morality perceptions and

uncertainty perceptions). Supervisor: Prof. Ankica Kosic. Activities: Statistical modeling of factors predicting an attitude as prejudice.

5 Jun 2017 – 29 Aug 2017

Visiting PhD student at the Dep. of Psychology, University of Maryland (College Park, MD, USA). Research period abroad as part of the research project related to the PhD thesis under the supervision of Distinguished Prof. Arie W. Kruglanski. Funded by a Mobility Scholarship for PhD students awarded by Sapienza University of Rome for the project entitled “On the permeability of group boundaries: Need for cognitive closure and group acceptance of a new member during the socialization process”.

TEACHING EXPERIENCES

a.y. 2025/2026	Course in Social Psychology of Groups and Inclusion (PSIC-03/A) at the University of Rome Tor Vergata, CFU: 9, Master's Degree in Psychology and Mental Health across the Life Cycle, 1st year.
a.y. 2025/2026	Course in Social Psychology (PSIC-03/A) at the University of Rome Tor Vergata, CFU: 9, Bachelor's Degree in General, Developmental, Gender and Social Behavior Psychology, 2nd year.
Sett 24 – Apr 26 (present)	Teacher at various secondary schools in Lazio for the "Orientamento Next Generation Lazio" (PNRR) project, University of Rome Tor Vergata.
a.y. 2024/2025	Internship Activities (UAFP) Coordinator for the PSIC-03/A sector (Social Psychology) at the University of Rome Tor Vergata, CFU: 1.5, Bachelor's Degree in General, Developmental, Gender and Social Behavior Psychology, 3rd year.
a.y. 2024/2025	Course in Social Psychology (PSIC-03/A) at the University of Rome Tor Vergata, CFU: 9, Bachelor's Degree in General, Developmental, Gender and Social Behavior Psychology, 2nd year.
24 May 2024	Lecture within a series (1 hour) named "Sustainability Sciences in Medicine and Psychology" at Sapienza University of Rome. Lecture title: "Psychological Effects of Nature: Cognitive-Affective Regeneration and Risk Perception."
30 Mar 2023	Methodological seminar (4 hours) in the doctoral program "Social, Developmental, and Educational Research Psychology" at the Department of Developmental and Socialization Psychology, Sapienza University of Rome. Seminar title: "An Introduction to the Analysis of Dyadic and Group Data with the Actor–Partner Interdependence Model (APIM)."
a.y. 2022/2023	Adjunct Professor at the European University of Rome, course taught in English "Processes and group dynamics" (PSIC-03/A), CFU:6, Master's Degree in Psychology, 2nd year.
a.y. 2021/2022	Adjunct Professor at the European University of Rome, course taught in English "Processes and group dynamics" (PSIC-03/A), CFU:6, Master's Degree in Psychology, 2nd year.
a.y. 2021/2022	Adjunct Professor at the European University of Rome, course taught in English "Social Psychology" (PSIC-03/A), CFU:6, Bachelor's Degree in Psychological sciences and techniques, 3rd year.
a.y. 2019/2020	Adjunct Professor at the University "G. D'Annunzio" of Chieti-Pescara, course "Psychology of Conflict and Cooperation" (PSIC-03/A), CFU:8, Master's Degree in Social, Work and Organizational Psychology, 1st year.
a.y. 2019/2020	Adjunct Professor at the University "G. D'Annunzio" of Chieti-Pescara, course "Social Psychology II (I-Z)" (PSIC-03/A), CFU:8, Bachelor's Degree in Psychological sciences and techniques, 3rd year.

INSTITUTIONAL ROLES

Institutional roles within the Bachelor's Degree Course in General, Developmental, Gender, and Social Behavior Psychology (University of Rome Tor Vergata):

- **President of the Erasmus Commission** (23 Oct 2024 - present)
- **Member of the Teaching Commission** (5 Apr 202 - present)

EDUCATION, TRAINING AND QUALIFICATIONS

3 Oct 2022	<u>National Scientific Qualification to function as Associate Professor.</u> Obtained by <i>the Italian Ministry for Education, University and Research (MIUR)</i> , valid from 03/10/2022 to 03/10/2032
Nov 2015 – Dec 2018	<u>Doctor of Philosophy (PhD) in Experimental Social Psychology.</u> Obtained in 17/12/2018 by <i>Sapienza University of Rome</i> . Final mark: highest mark with honors. Dissertation: “On the role of the need for closure in the adoption of newcomer’s innovative ideas: The dynamic interplay of group and newcomer’s epistemic authority” Supervisor: Prof. Stefano Livi
Nov 2016	<u>Professional qualification: Albo degli Psicologi A</u> (not subscribed) <i>Sapienza University of Rome</i>
Sep 2013 – Jul 2015	<u>Master’s Degree in Health, Clinical, and Community Psychology.</u> Obtained in 13/07/2015 from <i>Sapienza University of Rome</i> . Final mark: 110/110 cum laude (highest mark with honors). Dissertation: “Perceived Ability to Find a Job, Individual Experience of Unemployment and Psychosocial Characteristics in a Sample of Unemployed Workers”. Supervisor: prof. Cristiano Violani
Sep 2010 – Jul 2013	<u>Bachelor’s degree in Psychological Sciences and Techniques of Clinical Intervention for Person, Group, and Institutions.</u> Obtained in 09/07/2013 from <i>Sapienza University of Rome</i> . Dissertation: “The Greek Artist and the Economic Crisis: Testimonies and Expressive Landscapes”. Supervisor: prof. Vincenzo Padiglione.
2010	<u>High school diploma</u> obtained in 2010 from the Italian School of Athens (Greece).

SUMMER AND WINTER SCHOOLS

- “**Intensive Online Course on Power Analysis**”, 13-16 Dec 2023. The course covered the topic of statistical power analysis with demonstrations of the main statistical tests and power analysis through simulation with the statistical software R. Instructors: Marco Perugini, Marcello Gallucci, & Giulio Costantini.
- “**Advanced Course on using Mplus**”, 9-13 Jul 2018 *Utrecht University (Utrecht, The Netherlands)*: Theoretical foundations and practical skills for using advanced longitudinal SEM with Mplus. Key topics: latent growth models; advanced longitudinal models; dynamic structural equation modeling (DSEM); longitudinal models with categorical variables. Instructors: Ellen Hamaker, Mariëlle Zondervan-Zwijnenburg, & Caspar van Lissa.
- “**Dyadic Data Analysis Using Multilevel Modeling with R**”, 19-23 Jun 2017 *University of Connecticut (Storrs, CT, USA)*: Key topics: Moderation, mediation, and longitudinal analysis of dyadic data. Instructors: David A. Kenny & Randi Garcia.
- “**Multilevel Modeling with Organizational Psychology Focus**”, 11-14 Sep 2017 *Università della Campania “Luigi Vanvitelli”* (Caserta, Italy). Multilevel modeling using SPSS and Mplus statistical software. Instructor: Guido Alessandri.
- “**Introduzione ai modelli multilevel nella ricerca organizzativa**”, 19-20 Jan 2017 *Università degli Studi di Trento* (Rovereto, Italy). The course offered a theoretical introduction to multilevel models in organizational research, along with the acquisition of the practical skills necessary to conduct such analysis using SPSS statistical software. Instructor: Guido Alessandri.
- “**Mediazione e moderazione: Applicazione ai modelli lineari generali, misti e generalizzati**”, 05-10 Sep 2016 (Bertinoro, Italy). The course provided the theoretical foundations and practical skills to conduct mediation and moderation analyses applied to general linear models, mixed models, and generalized models using the statistical software R. Instructors: Marcello Gallucci & Matteo Fogianini.

SCHOLARLY ACTIVITIES

- **Academic Editor:** Plos One (Social Psychology section).
- **Review Editor:** Frontiers in Psychology (Environmental Psychology section).
- **Ad hoc reviewer (selected):** Personality and Individual Differences Psychology Hub, Journal of Environmental Psychology, Landscape and Urban Planning, International Journal of Human-Computer Interaction, Digital Health, Virtual Reality, Journal of Community and Applied Social Psychology. WoS Researcher ID: [IQS-9808-2023](#).

LANGUAGES AND SOFTWARE SKILLS

- **Italian**: mother tongue
- **English**: level Cambridge Proficiency C2 (certified by Cambridge Assessment English, year 2021)
- **Modern Greek**: level C1 (certified by Ellinometheia, year 2010)
- **Software**: SPSS, R, Mplus (basic)

GRANTS

- **Member of the research project** funded in 2024 by the University of Rome Tor Vergata entitled "DECIDE-AI: Designing Effective Collaboration and Integration for Decision-making Excellence in AI-Assisted Healthcare" (Bando Ricerca Scientifica di Ateneo 2024, di tipo B, PI Arianna Costantini).
- **PI of the Starting Research Grant** project funded in 2018 by Sapienza University of Rome entitled "The need to be blinded in romantic relationships: The moderating role of Need for Closure in the interpersonal perception of passion" n. AR11816436BE9D6B. The project was funded after the evaluation of the curriculum and project proposal by the relevant committee.
- **PI of the Mobility Grant for PhD** students awarded in 2017 by Sapienza University of Rome with a project entitled "On the permeability of group boundaries: Need for cognitive closure and group acceptance of a new member during the socialization process" for funding a three-month research period at the University of Maryland. The project was funded after the evaluation of the curriculum and project proposal by the relevant committee.
- **PI of the Starting Research Grant** project funded in 2017 by Sapienza University of Rome entitled "Oldtimer's adjustment during socialization: The relationship between ego-resiliency and group acceptance of a new member into a group" and n. AR11715C826C777E. The project was funded after the evaluation of the curriculum and project proposal by the relevant committee.
- **Member of the research project** funded in 2016 by Sapienza University of Rome entitled "No need to be discrete! The value of personality profiles in predicting job performance over and above discrete traits" (PI: Prof. Guido Alessandri), protocol number RP116154C958E66D.

AFFILIATIONS

- 2022-present: International Association People-Environment Studies (**IAPS**).
- 2016-present: Italian Association of Psychology (**AIP**), section *Social Psychology*.

PATENTS

- Author and developer, in collaboration with Guido Alessandri, Laura Borgogni, and Roberto Cenciotti, of the PERS test marketed by Utilia HR Now & Next. The questionnaire assesses positive dimensions (in terms of individual differences) that empirical evidence shows are associated with positive organizational outcomes (e.g., performance, satisfaction, and well-being), thus supporting growth and career success.

Alessandri, G., Borgogni, L., Cenciotti, R., & **Theodorou, A.** Test PeRS. Utilia HR Now & Next.

Le dichiarazioni rese nel presente curriculum vitae corrispondono a verità, ai sensi degli articoli 46 e 47 del D.P.R. 445 del 2000.

Rome, September 2025

